



FAMILY CENTER RULES & REGULATIONS

In order to provide an enjoyable experience at your Belle Creek Family Center please observe the following rules when entering the facility. Please keep in mind that all rooms and equipment are available on a first come, first served basis. The only way to guarantee usage of a certain area, at a specific time is to rent that area out. Please see the Family Center Front Desk for more information.

GENERAL RULES

- You must check in at the front desk with your Belle Creek ID. We cannot permit your entry into the facility without a valid Belle Creek ID. Feel free to ask any staff member questions you may have.
- All children 10 and under must be supervised by an adult 18 and older. Or, with prior parental approval, children ages 8-9 years of age, may be supervised by older youth. Permission slip required.
- Profanity is not tolerated; remember that this is a family center.
- Shoes are required at all times.
- This is a tobacco-free facility. Alcohol is only allowed at private room rental parties and only under the discretion of the Family Center Manager.

GYM & FITNESS CENTER

- You must be 15 or older to enter fitness room or use any fitness room equipment.
- *Immobile* infants are able to accompany their parents into the weight room between the hours of 12 pm-2 pm only.
- Appropriate attire needs to be worn in the family center at all times, jeans and belts should not be worn in the weight room, as they are hard on the cushions of the weight machines. Appropriate shoes must always be worn.
- After use of any equipment, please wipe down your machines and put your weights away when you are finished.
- If others are waiting for fitness equipment please limit your time to half an hour.
- Do not slam or drop weights. This could cause them to crack or break.
- No food in the gym or fitness center. Closed container drinks in the fitness room only.
- Balls are available for use in the gym, please ask for them at desk.

TECHNOLOGY CENTER

- No food or drink allowed.
- No cell phone usage.
- No chat rooms or instant messaging allowed.
- No inappropriate sites allowed to be viewed.
- See technology center monitor for a more comprehensive rule list. Rules are located at each work station.